

ICHTHUS

SUNDAY 13 MARCH 2022

2ND SUNDAY OF LENT

Year C



God promises to love you always!



ENTRANCE ANTIPHON

Of you my heart has spoken: Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.

COLLECT

O God, who have commanded us
to listen to your beloved Son,
be pleased, we pray,
to nourish us inwardly by your word,
that, with spiritual sight made pure,
we may rejoice to behold your glory...



FIRST READING GENESIS 15:5-12. 17-18

Have you ever made an agreement, or a promise with someone? When grown ups make agreements they sometimes sign contracts to show that this is something important and must be taken seriously. When God promised Abraham he would have

as many descendants as the stars in heaven, written contracts did not exist. Instead, to show how serious this covenant promise is, God and Abraham seal it with a sacrifice. Abraham knows God will keep the promise to give him children and land.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN.

God makes a special promise to Abraham which changes history.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

LOOK at the reader and LISTEN.

Jesus will change us all and we will be like him.



We give a shout of praise to God, using these words taken from the Bible.

RESPONSORIAL PSALM PSALM 26

The Lord is my light and my help.



SECOND READING PHILIPPIANS 3:17 – 4:1

Nothing is more important than following Jesus and trying to be more like him. Some people put other things first in their life. Instead of trying to be loving and kind, they focus on the food, or the fame

and power they can get. But Paul tells us today that Jesus will help us. Jesus will change us, so that we will be like him. Let's keep on trying to be better people – with Jesus helping us, anything is possible!

GOSPEL ACCLAMATION

Glory and praise to you, O Christ!
From the bright cloud, the Father's voice was heard:
"This is my Son, the Beloved. Listen to him!"
Glory and praise to you, O Christ!



DO YOU KNOW?

Saturday 19 March is the feast of **St Joseph, Spouse of the Blessed Virgin Mary**. Pope Francis proclaimed a "**Year of Saint Joseph**", from December 2020 – December 2021. Like all the ordinary people who helped us during the pandemic, St Joseph quietly got on with being a **loving father and husband**, and in doing so helped to save the world.



THINK

God made covenants with the Jewish people time and time again. Being human, after a while, the people broke their side of the agreement. But **God was always there**, waiting for them to turn back and continue their **loving relationship**, renewing the covenant. This Lent, God is waiting for us to realise **we can enjoy God's love** in just the same way.



GOSPEL LUKE 9:28-36

The Good News about Jesus is told to us by St Luke.

Something incredible happens when Jesus takes three of his best friends up the mountain to pray: they see a glimpse of his godly power. Before their eyes Jesus is changed, so that his face is different and his clothes become "brilliant as lightning". Furthermore, Moses and Elijah appear, talking to

Jesus. Jesus' disciples can hardly believe these wonderful things are happening and suggest making tents for all three men. A cloud covers them with shadow and they hear a voice saying, "This is my Son, the Chosen One. Listen to him." Then, suddenly, the friends are alone with Jesus again.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. Before he reads the Gospel, what does the priest or deacon do to his forehead, his lips and his heart? Can you copy him?



PRAY

"Listen to him."

Spend a few moments just sitting quietly with Jesus. Relax with him, breathing gently and slowly. Listen with your heart to what Jesus has to say to you.



PRAYER OF THE FAITHFUL

Dear Lord, I am thinking about all the ordinary people, like _____, who quietly work to help others every day of their lives. Let them experience your hope and joy, and help them to keep going. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you felt fed up and then think of a happy time you have been able to enjoy. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

This is my beloved Son, with whom I am well pleased; listen to him.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me so much and always being there to help me. Give me the strength I need this week as I try to be more like you. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

redemptorist
publications

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FSC logo



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

ICHTHUS



IXΘΥΣ