

Create a family “Kindness Jar”

“...whoever wishes to be first among you must be slave of all.” Mark 10:44



Discuss

How can you be the “slave of all” in your family or in your community. E.g. you could make cakes for a neighbour, let someone else go first, give someone a hug to make them feel better or do a chore for someone else

Activity

1. Get an empty jar or box
2. Decorate it – including the verse ***“...whoever wishes to be first among you must be slave of all.” Mark 10:44***
3. Cut up lots of strips of paper
4. On each strip write down something someone could do to be a “slave for all”.
5. Each morning this week, take something from the jar and aim to complete it either that day or make a plan to do it later in the week.
6. Once you’ve completed your act of service you could return your task to the jar, so someone else could do this another day.
7. You may want to add acts of service to the jar so leave some strips of paper and a pen nearby!

