

ICHTHUS

SUNDAY 5 JULY 2020

14TH SUNDAY IN
ORDINARY TIME

Year A



Talk to Jesus, giving him anything that is worrying you.



ENTRANCE ANTIPHON

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

COLLECT

O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness... Amen.

We say these words
or sing a hymn as the
priest approaches
the altar.

We ask for God's help.
Listen now to the
priest as he offers
this prayer.



DO YOU KNOW?

Saturday 11 July is the
feast of St Benedict. He
was made **patron saint of
Europe** after the Second
World War. St Benedict
was a monk who wrote a
"rule" to help the people
in his monastery live
well together. Benedict
believed it was important
to **listen** properly to God
and to each other.



FIRST READING

ZECHARIAH 9:9-10

God gives the people
a glorious vision. The
Messiah who will save
the people will come
in triumph. This king will
rule an empire which
stretches from sea to sea
and he will bring peace.
The king will not arrive

on a war horse, but on
the foal of a donkey.
This vision of the Messiah
brings joy and hope to the
uncertain people of Israel.
Today we recognise the
story of Jesus' entry into
Jerusalem. Our king is the
king of peace.

LOOK at the reader
and LISTEN.

The Messiah promised
by God will bring
peace.

RESPONSORIAL PSALM PSALM 144

I will bless your name for ever, O God my King.



SECOND READING

ROMANS 8:9, 11-13

We belong to God
because we have God's
Spirit living within us. It
is God our Father who
gives us life. Jesus, God
the Son, has made it
possible for us to enjoy
life forever. Our life with
God is not just about the

future when we go to
heaven. Life with God
brings us joy and a sense
of purpose which gives
every day meaning.
Believing in Jesus and
following his example
will make us truly happy
and full of life.

The cantor or psalmist
sings or says the psalm.
Listen to the verses,
and then respond by
using these words.

LOOK at the reader
and LISTEN.

The Holy Spirit will
help us to live good
lives.



We give a shout of
praise to God, using
these words taken
from the Bible.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom to mere children.
Alleluia!



THINK

Jesus talks about
people taking up
his yoke. A yoke
is a wooden beam
that goes across the
shoulders of animals,
and sometimes humans,
to help them lift heavy
goods. Perhaps Jesus
is thinking about a
yoke for two animals.
A young animal being
trained would be yoked
to an older, more
experienced animal
to learn what to do.



GOSPEL MATTHEW 11:25-30

The Good News about Jesus is told to us by St Matthew.

Faith is a gift. Those of us who believe in Jesus are really blessed because God has shown us how much we are loved. When we have faith we know God deep in our hearts – and it doesn't matter how old we are or how clever we are. Anyone can know and understand

God's love, even the youngest child. Jesus tells us that when we trust God's love we will have peace. No matter what worries we have, God will be with us and will help us. Jesus invites everyone to come to him. Following Jesus will bring us rest and real peace.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?



PRAY

Think of all the things that you are thankful for in your life.

Thank God for all the blessings you have been given.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is unhappy or weighed down by their work. Help them to find peace and joy in what they do. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think of a time this week when everything felt like hard work and then think of a time when you were full of fun and happiness.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Taste and see that the Lord is good; blessed the man who seeks refuge in him.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for showing me how much you love me. Help me to share your love with everyone I meet. Amen.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



redemptorist publications

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