

ICHTHUS

SUNDAY 30 JANUARY 2022

4TH SUNDAY
IN ORDINARY TIME

Year C



Is there anyone new in church you can welcome with a smile?



ENTRANCE ANTIPHON

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

Grant us, Lord our God,
that we may honour you with all our mind,
and love everyone in truth of heart...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING JEREMIAH 1:4-5, 17-19

Even before we were born, God loved us. Even before we began to grow in our mother's womb, God blessed us. Each of us is called to be a prophet and speak for God. We don't need

to worry at all, because God will be with us. We are to stand tall and be confident. God will help us to put his words into action and tell people by what we say and do just how good God is.

LOOK at the reader and LISTEN. God has loved us from before we were born and given us all a special job to do.

RESPONSORIAL PSALM PSALM 70

My lips will tell of your help.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING 1 CORINTHIANS 12:31 - 13:13

We can all aim to develop different gifts and talents, but there is one thing that is more important than anything else: love. Faith and hope are important, but without love even these gifts are worthless. Love is patient

and kind, it is never boastful or arrogant. Love is not resentful nor holds grudges but always gives second chances. Love will never end. With the help of the Holy Spirit, we can all get better at giving and receiving love.

LOOK at the reader and LISTEN. Nothing is more important than love.

GOSPEL ACCLAMATION

Alleluia, alleluia!
I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

Welcoming strangers and foreigners is important to God. Jesus reminds us today how God sent the prophets Elijah and Elisha to foreigners. It was the widow from Zarephath who was helped and Naaman, the Syrian, who was healed, not local people. God has no favourites, but loves everyone equally - and so must we.



THINK

Jesus' neighbours were annoyed because he didn't do what they expected or wanted. Sometimes we have ideas about how things should be and how people should behave. Maybe we can be more open-minded and expect the unexpected in future!



GOSPEL LUKE 4:21-30

The Good News about Jesus is told to us by St Luke.

Just listen to the crowd grumbling and complaining about Jesus. At first, when they heard him speaking so well in the synagogue, everyone had been impressed. Now they are beginning to wonder. They think that because he's local and they know his dad, Jesus can't be anything special. They want him

to prove himself by performing the sort of miracles he has been working in Capernaum. When Jesus reminds the crowd that God works in unexpected ways, it infuriates them. They jump up and violently hustle him out of town. Fortunately, Jesus is able to slip through the crowd and walks away to safety.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?



PRAY

"...and the greatest of these is love."

Thank you, Lord, for loving me so much. Help me to grow in love. Help me to be more patient and kind. Amen.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is being mistreated because of their race or religion. Help us all to treat other people with kindness and to stand up for what is right. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you were selfish and then think about all the times when you were loving and kind. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame, for I call on you.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for showing me what real love is like. Help me to grow in my ability to love others. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

redemptorist
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