

# ICHTHUS

SUNDAY 19 JUNE 2022

THE MOST HOLY BODY  
AND BLOOD OF CHRIST  
(CORPUS CHRISTI)

Year C



Thank you, Jesus, for loving me so much.



## ENTRANCE ANTIPHON

He fed them with the finest wheat  
and satisfied them with honey from the rock.

## COLLECT

O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and Blood  
that we may always experience in ourselves  
the fruits of your redemption...

We say these words  
or sing a hymn as the  
priest approaches the  
altar.

We ask for God's help.  
Listen now to the  
priest as he offers this  
prayer.



## FIRST READING GENESIS 14:18-20

Abraham and a small  
army have just rescued  
his nephew Lot and  
they are celebrating  
their victory. Suddenly  
Melchizedek, the king  
who is also a priest,  
appears with bread and  
wine for Abraham and  
his men. Although he is

not Jewish, Melchizedek  
blesses Abraham and  
God Most High. He is  
shown to be a man  
of faith who wants to  
serve and thank God  
by helping others. In  
gratitude Abraham gives  
Melchizedek one tenth of  
everything he has.

LOOK at the reader  
and LISTEN.

Melchizedek offers  
bread and wine to  
Abraham and his  
exhausted men.

## RESPONSORIAL PSALM PSALM 109

You are a priest for ever,  
a priest like Melchizedek of old.

The cantor or psalmist  
sings or says the psalm.  
Listen to the verses,  
and then respond by  
using these words.



## SECOND READING 1 CORINTHIANS 11:23-26

Paul has passed onto the  
people of Corinth what  
he has received from the  
Lord: the celebration of  
the Eucharist. He reminds  
them how, on the night  
before he died, Jesus  
took bread, thanked God  
for it and broke it saying,

"This is my body, do this  
in memory of me." In the  
same way, he blessed the  
wine. Every time we eat  
this bread and drink this  
cup we are remembering  
Jesus' death and  
resurrection and how  
much he loves us.

LOOK at the reader  
and LISTEN.

Every time we  
celebrate Mass we are  
doing as Jesus asked.

## GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the living bread which has come down from heaven,  
says the Lord.

Anyone who eats this bread will live for ever.

Alleluia!

We give a shout of  
praise to God, using  
these words taken  
from the Bible.



## DO YOU KNOW?

Today we hear about  
Melchizedek, king of  
Salem. Salem is another  
name for Jerusalem and  
is the Hebrew word for  
"peace". "Melchizedek"  
comes from "melek"  
meaning king and "zadok"  
meaning "righteousness".  
It seems Melchizedek  
is king of peace and  
goodness.



## THINK

Jesus does not want  
people to go hungry. The  
apostles are sensible and  
tell him in good time that  
he just needs to make  
sure they can get to the  
neighbouring villages  
and farms for food. But  
that's not enough for  
Jesus, who makes sure his  
friends help him to feed  
the hungry crowds. Jesus  
wants us to help him  
to feed people who are  
hungry today too.





## GOSPEL LUKE 9:11-17

The Good News about Jesus is told to us by St Luke.

It's getting late. Crowds have gathered as everyone wants to hear what Jesus has to say. He has made everyone welcome, explaining all about God's kingdom and healing people. Now the apostles can see it's time to send these hungry people home. However, Jesus suggests they feed everyone themselves,

even though the apostles have no more than five loaves and two fish – nowhere near enough to feed the crowds of people. Nevertheless, Jesus blesses the bread, breaks it and asks his friends to hand it out. Everyone eats as much as they want – and there are twelve baskets of scraps left over!

**STAND to LISTEN** to the priest or deacon as he prepares to read the Gospel. Before he reads the Gospel, what does the priest or deacon do to his forehead, his lips and his heart? Can you copy him?



PRAY

"Give them something to eat yourselves"

Help me, Jesus, to notice when people around me are in need. Give me the courage and energy to do something to help. Amen.



## PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for everyone who is receiving their First Holy Communion at this time of year. Bless them, their families and all the catechists who have been preparing them. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



## OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you got into an argument and then think about how you made up with someone and spread some peace.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



## THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



## THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

## COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



## MY PRAYER AFTER COMMUNION

Thank you, Jesus, for giving me yourself in bread and wine. Help me to remember what a special gift I receive when I go to Holy Communion. Amen.



## IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

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FSC logo



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

ICHTHUS

