

ICHTHUS

SUNDAY 9 AUGUST 2020

19TH SUNDAY IN
ORDINARY TIME

Year A



Be still and listen to God deep in your heart.



ENTRANCE ANTIPHON

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

We say these words
or sing a hymn as the
priest approaches
the altar.

COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised...

We ask for God's help.
Listen now to the
priest as he offers
this prayer.



FIRST READING 1 KINGS 19:9. 11-13

Elijah comes to find
God and waits on God's
mountain. A mighty wind,
so strong that it shatters
the rocks, goes by. But
God is not in the wind.
After the wind there is
earthquake. But God is

not in the earthquake.
After the earthquake
there is a fire. But God is
not in the fire. After the fire
there is a gentle breeze.
When Elijah hears the
breeze he covers his face.
Here is God.

LOOK at the reader
and LISTEN.
God is not always
where we might
expect.

RESPONSORIAL PSALM PSALM 84

Let us see, O Lord, your mercy
and give us your saving help.

The cantor or psalmist
sings or says the psalm.
Listen to the verses,
and then respond by
using these words.



SECOND READING ROMANS 9:1-5

Paul is very sad that
his own people do not
share his faith in Jesus.
He knows how special
the Jewish people are
to God. They have
a special covenant
with God, a loving
relationship, which goes

right back to the first
people. Jesus was Jewish
and Paul himself was
Jewish. Paul hopes that,
like him, everyone will
come to understand that
Jesus is the Son of God
and the fulfilment of all
God's promises.

LOOK at the reader
and LISTEN.
Paul hopes that
everyone will come to
have faith in Jesus.

GOSPEL ACCLAMATION

Alleluia, alleluia!
My soul is waiting for the Lord,
I count on his word.
Alleluia!

We give a shout of
praise to God, using
these words taken
from the Bible.



DO YOU KNOW?

Monday 10 August is
feast of **St Lawrence,
Deacon and Martyr.**
Laurence lived in Rome
when it was dangerous
to be Christian and he
died because of his faith.
Before St Lawrence died
it is thought he gave
away the treasures his
church owned to the
poor people in the town.



THINK

Most of us will never be
in a storm at sea. We
probably will, however,
find ourselves in
frightening and stressful
situations. Just as Jesus
was with the disciples
on the lake, we can be
confident that **Jesus will
be there with us.** Jesus
says to us, "**Do not be
afraid.**"



GOSPEL MATTHEW 14:22-33

The Good News about Jesus is told to us by St Matthew.

The disciples set sail to the other side of the lake, while Jesus sends the crowds away and goes off by himself to pray. Evening falls and the boat is caught in a storm. Jesus goes out to the disciples, walking on the water. The disciples are terrified but Jesus calls out to them,

telling them not to be afraid. Peter starts walking to Jesus across the water. But, feeling the strong wind, Peter becomes frightened and starts to sink. Peter calls out and Jesus reaches out his hand and saves Peter. As soon as they get into the boat, the wind drops.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.

We listen to the prayer of praise and thanks to God.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is feeling stressed or overwhelmed by the things that are happening round them. Help them to trust in you and know your peace. Lord, hear my prayer.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think of a time this week when you worried or frightened and then remember when you felt peaceful and calm.

Say a little prayer offering these thoughts up to God.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for always being there when I need you. Thank you for reaching out and lifting me up when I am down. Amen.



PRAY

Be still. Be aware of relaxing your head, shoulders, arms, front and back. Breathe gently. Listen for God in the silence. Know that God is with you.



DO

Jesus reached out to Peter. Can you use your hands to do something helpful this week?



ΙΧΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

