

Healing Hands

“He took him aside in private, away from the crowd, put his fingers into the man’s ears and touched his tongue with spittle. ”

Mark 7:33

In this week’s Gospel Jesus uses his hands when he heals the deaf and mute man.

DISUSS TOGETHER

How can you and your family use your hands to heal and help others?



CRAFT

Draw round each others hands on different coloured sheets of paper.



On each hand try to write down one way that you can help or heal others using your hands e.g. writing a letter, cooking them something tasty

Stick these hands up around the house and when you notice them, perhaps take the time to do one of the things suggested.

Say this reflection together:

Christ has no body on earth now but yours, no hands but yours, no feet but yours; yours are the eyes through which he looks with compassion on the world; yours are the feet with which he walks to do good; yours are the hands with which he blesses all the world.

— St. Teresa of Ávila