

Dress up as a saint

We're all called to be saints. Lets see what might help us to live out our calling.

Read the passage below:

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.

Ephesians 6: 13-17



Discuss: What do you think this means?

Using junk modelling materials make some of these items:

- Helmet
- Belt
- Shoes
- Shield
- Sword

Once you're all dressed up then together say the prayer on the next page



Wearing the Armour of God

Jesus, today I put on the Helmet of Salvation.

Please protect my mind from bad thoughts and help me to focus on things that are good. Please protect my eyes and keep them looking up to you.

I put on the Breastplate of Righteousness.

Guard my heart, make everything that come in or out of my heart good. Help my heart be open to you and easily led by the Holy Spirit.

I put on the Belt of Truth.

Help me love to tell truth and hear the truth. Lord, make me more like you. Let truth keep me from lies and mistakes.

I put on the Gospel Shoes of Readiness.

Everywhere I go Lord, help me bring peace. Help me peaceful. Guide what I do and where I go. Prepare me to tell other people about you.

I put on the Shield of Faith.

Build a strong faith in me. With faith, all things are possible.

I pick up the Sword of the Spirit.

Put your word in my heart. Lead me and guide me so I am good at all I do. Let you word change my character. Give me boldness and knowledge to love and defend others.

Amen