

# GOOD FRIDAY

Watch the video that accompanies this resource here: [www.cpg.church/family](http://www.cpg.church/family)

Every church around the world remembers Jesus crucifixion and death at 3pm – the time it was said that Jesus died.



We remember through reading the passion from John's Gospel:

Pontius Pilate questioning Jesus (during this time Peter denies knowing Jesus).

Jesus being scourged, and carrying the cross, which he is then nailed to and left to die.

Guards coming to break Jesus' legs to speed up his death but realising he is already dead; they pierce his side.

Jesus' body being taken down from the cross and placed in the tomb.

We see at Mass:

The priest wears red to bring to mind the blood Jesus shed.

The tabernacle is still empty and the church is still undecorated.

People venerate (kiss, genuflect etc.) the cross so that they can show their love and thanksgiving for Jesus dying on the cross for us.



Other interesting facts:

This is the one day all year when no Masses are celebrated.

Things you could do:

- [Watch the Good Friday service at 3pm](#)
- Keep silence throughout the day (especially from 9-3pm, when Jesus was on the cross)
- Pray the [stations of the cross](#)
- Or you could make your own [stations of the cross at home](#).
- Pray the [sorrowful mysteries of the rosary](#)
- The **activity below**: You will need two sticks, string and a plaster.

# God is Present in our Suffering

The story of Jesus' death is called the **Passion**.

It is a story about injustice, doubt, fear, pain and, ultimately, death.

It tells how God experienced these things in the same way as ordinary human beings do.

The death of Jesus shows humanity that God had become **truly human** and that he was willing to undergo every human **suffering**, right up to the final **agony** of death. He died an appalling, humiliating death by crucifixion, reserved by the Romans for the worst criminals.

The cross shows us that **God** is **present** in the middle of **suffering**.



**Take** two sticks

**Tie** them together using string

**Think** of a person who you know that is suffering at the moment. They could be ill; in a broken home; having a hard time at school.

**Write** their name on a plaster and put it on the cross.

As you do this, **pray** for them. Thank God that he is with them in their suffering.

