

Bread of Life

***“I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst.”***

John 6: 35

ACTIVITY: BAKE SOME BREAD

You could buy a bread mix or follow [this recipe](#).



DISCUSS

As you bake your bread, you could talk about these questions:



- How much bread does your family eat in a month?
- Why do we eat bread?
- What else might someone be hungry for except food?
- How is Jesus like the bread in our lives?
- What are you “hungry” for that you could talk to Jesus about?

Pray Together:

Thank you God that you meet all our hungers. We have food, such as bread, to fill our stomachs and to make our bodies work properly. Thank you God for also sending Jesus. He is the Bread of Life. Thank you that he is the one who can satisfy our hunger for a life of joy, love, peace and purpose. Help us to trust him, follow him and know him as our friend. We ask this in the name of Jesus – the Bread of Life! Amen.