An Encouraging Postcard

"Come to me, all you who labour and are overburdened, and I will give you rest."

(Matthew 11:28)

This week, why not send an encouraging postcard to someone who you know, who might be feeling sad or lonely at the moment. You can create your own or print and cut out the templates on the following pages.

We'd recommend printing them double sided on card. If this isn't possible you could stick two pieces of paper together.

You could **decorate** the template postcards, with images or with a coloured pattern. Or you could use the blank templates and **create your own design**, using your favourite bible passage, photos or a collage of magazine cuttings.

Things you could write about:

- What you found out about in children's liturgy this week
- What you've been doing during lockdown
- What you're looking forward to after lockdown
- Let them know you are praying for them





YOU ARE
Beautiful FOR YOU ARE
Fearfully AND
Wonderfully MADE.
PSALM 139:14

BE STILL KNOW THAT I AM COD

COME TO ME

ALL WHO ARE weary

AND BURDENED AND

I WILL GIVE YOU rest

[MATTHEW 11:28]

bears all things, believes all things, hopes all things, endures all things. love never fails.

1 corinthians 13:7





